**Our Vision**

**“To inspire a new generation to actively participate and compete in the sport of archery”**

**Who are we?**

J’z Archery Academy is a brand-new sports coaching venture, based in Palmerston North. We have a passion for archery and are dedicated to share and promote this sport with school students (intermediate age and above) across the lower North Island.

Archery is one of the world’s oldest sports and has been an Olympic sport since 1900. J’z Archery Academy wants to inspire a new generation to take up archery as an enjoyable and competitive sport.

Justin Dittert owns J’z Archery Supplies, a Palmerston North based business, providing archery equipment and advice to the NZ archery community. He is a registered Archery Coach with years of experience in the sport. He shoots competitively himself, and has coached junior and senior archers of all ages, from beginner level right up to New Zealand representative level. He has recently been appointed Team Coach for the NZ Junior Archery Squad to face Australia in 2018.

J’z Archery Academy’s aim is to bring Archery to more schools, teach and encourage students (Years 7-13) in the basic skills of archery and, if they wish to continue, provide ongoing coaching out of school time for this growing sport.

**What’s involved?**

We would like to offer your Year 7 and above School students a one hour lesson each week for 10 weeks of the school term, *starting in Term 2, 2018*. This will most likely be an after-school activity, or even in school hours (if your scheduling permits). The maximum number permitted per lesson - due to health and safety considerations - would be 10 students. (minimum of 7 students for viability)

J’z Archery Academy will provide all the equipment needed for your students - target butts, target faces, beginner archery bows, arrows and safety equipment (eg. backstop net to catch arrows if they miss, arm and chest guards etc). If students have their own archery gear, they can bring their own.

Ideally an outdoor venue is best (eg school sports grounds), with a minimum distance of 10m in length. This should face away from any school buildings for health and safety reasons. Depending on weather, it can be run indoors if necessary.

Safety is of paramount importance and so there will be stringent guidelines on student conduct and obeying all safety rules. The Coach will reserve the right to take a student off the shooting line if they do not obey all safety rules. These rules will be provided in written format upon enrolment for student and parent reference, and will be available on our website.

Each lesson will be structured, so by the end of the term, students will have a general understanding of archery, safety rules and regulations, equipment maintenance, with target shooting starting at beginners distances, from 5m up a maximum distance of 20m.

**Benefits for the school – and students**

Being associated with J’z Archery Academy would benefit a school in several ways...

1. Being involved in archery enhances student achievement and sense of wellbeing – and gives some students who are not naturally “athletic” a sport they can enjoy.
2. Archery has noticeable health benefits: It improves upper body strength and balance, and there can be a lot of walking involved! According to World Archery, there are 8 main benefits to taking up archery: exercise, strength, control, coordination, patience, relaxation, self-confidence and socialising
3. Building Confidence: J’z Archery Academy beginner lessons are designed to equip students with the skills and knowledge needed to competently shoot a bow, and understand the basic principles of archery. The goal is to provide them with a basis and the confidence to shoot to the Archery New Zealand required distances for their age groups – in further terms - should they wish to pursue the sport at a club or national level
4. Enrich the school by providing a unique extra-curricular activity:Archery is not known as a mainstream sport, however interest in the sport is growing each year. As an official Olympic sport, J’z Archery Academy can help students reach a level of confidence in archery – to the extent that a school can register for the Nationwide Archery in Schools programme, officially recognised by the governing body – Archery New Zealand. This programme can be run across all schools in New Zealand. For further information:

<http://www.archerynz.co.nz/your-neighbourhood/archery-in-schools-2/archery-in-schools-3.html>

**How much will it cost?**

Costs will be $175 per student based on a 10-week term. This cost is to be paid in full before Lessons begin. Full Terms and Conditions and enrolment forms will be available from the school or on our website [www.jzarcherysupplies.co.nz](http://www.jzarcherysupplies.co.nz)

With J’z Archery Academy we can offer quality archery coaching at a school, with a professional and NZ recognised coaching business (and we are local too). If you have any questions, please contact Justin on [jzarcherysupplies@xtra.co.nz](mailto:jzarcherysupplies@xtra.co.nz) , or on 027 353 3073.